Process for Using Origene



Order an Origene genetic screening test.



2

Collect your DNA sample using our buccal swab or saliva sample collection kit, and send it to us.



3

We will extract your DNA from the sample and screen for genetic markers.



4

The results will be analysed and send to you in a report format.



5

You may consult your doctor or wellness practitioner on the next course of action.

Limitations

Genetic screening can indicate whether an individual has a predisposition, or is at an increased likelihood, of having an inherited disease or disorder. However, it cannot indicate if the individual will show symptoms, how severe the symptoms will be, or whether the disease or disorder will progress over time. A negative test result does not mean that an individual will not get an inherited disease or disorder because our genetic screening tests are designed to detect only highly significant genetic markers which have been documented during medical research. Environmental and lifestyle factors also play a role in the development of inherited diseases, disorders, and even traits.

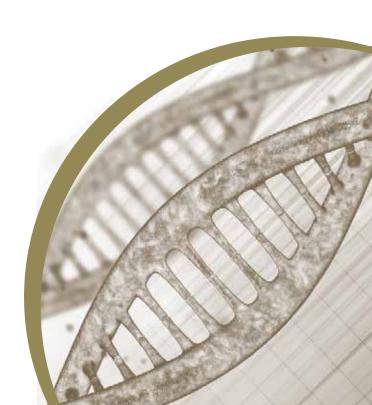
The results generated from our genetic screening test, which includes all additional health related information, is not an indicator of an individual's current or future health status, nor a diagnosis for any disease, disorder, condition or other health issues. The information provided in the test results should be confirmed by your doctor or a healthcare professional in a clinical setting before any further action/treatment is to be taken.







Malaysian Genomics Resource Centre Berhad (652790-v) www.mgrc.com.mv



Manage Your Health With Origene Genetic Screening Test

Experience a Healthier and Fulfilling Life by **Understanding Your Genetic Profile**

Origene genetic screening test uses genomics technologies to detect known genetic variations, or genetic markers, in your DNA. These genetic markers are found to be associated with risks for diseases or disorders, such as cardiovascular diseases, metabolic disorders, cancers, neurological disorders and even developmental disorders for children.

Beyond diseases, genetic screening is also able to identify traits that may influence skin conditions, wellness, fitness, physical appearance, and behaviors.



In simple terms, genetic screening helps you to know your genetic strengths and weaknesses. By detecting these genetic risks, you can plan with your family and healthcare practitioner on ways to help you to minimize the occurrence of a disease or disorder. You can also work with a wellness practitioner to develop suitable wellness management programs and adopt healthy lifestyle habits to enhance your health.

> **Understand and Manage** Your Health and Wellness. Ask for Origene Today.

Origene screens your DNA for genetic markers associated with the following:

Derma

Wellness

Achilles Tendinopathy

Ankylosing Spondylitis

Caffeine Metabolism

Calcium Metabolism

Carotene Level

CoEnzyme O10

Concussion

Collagen Formation

Energy Utilization.

High Triglycerides

HDL Cholesterol

Detoxification Capacity

Endurance Sports Performance

High Blood Sugar (Hyperglycemia)

Homocysteine Metabolism

Maximal Oxygen Consumption

Anterior Cruciate Ligament Rupture

Sports and Fitness

Achilles Tendinopathy

Calcium Metabolism

Osteoporotic Fractures

Dietary Choline Tendency

Phosphorous Metabolism

Carbohydrate Utilization

Vitamin B9 - Folate Tendency

Insulin Response To Dietary Fat

Intrinsic Motivation To Exercise

Polyunsaturated Fat Metabolism

Cholesterol Response To Dietary Fat

Impulse Control And Taste Preference

Osteoarthritis

Vitamin D

Vitamin B12

Fat Utilization

Vitamin E

Protein Utilization

Sleep Duration

Testosterone

Stress Sensitivity

Zinc Metabolism

Copper Metabolism

Vitamin B6

Inflammatory Response

Lactose Intolerance

LDL Cholesterol

Longevity

Carbohydrate Metabolism

Anterior Cruciate Ligament Rupture

Adiponectin Level

Cellulite Collagen Integrity Contact Dermatitis Eczema (Atopic Dermatitis) Folate-Folic Acid Deficiency Freckles Generalized Psoriasis Glycation Protection

Keloid Risk Melanin And Pigmentation Omega-3 And Omega-6 Deficiency Premature Wrinkles Response To Antioxidants Skin Elasticity Sunspots Tanning Response Varicose Veins

Osteoarthritis Pain Tolerance Polyunsaturated Fatty Acids Power Sports Performance Respiratory Infection - Severity Respiratory Infection - Susceptibility Rheumatoid Arthritis Salt-Sensitivity High Blood Pressure Selenium Soft Tissue Injury Sports Induced Sudden Cardiac Arrest Steroid Hormones Metabolism Stress Sensitivity Total Cholesterol Vision Degeneration Vitamin A Vitamin B2 Vitamin B6 Vitamin B12 Vitamin C

Iron Metabolism Magnesium Metabolism Antioxidants Coenzyme O10 Vitamin A Vitamin C Exercise Heart Rate Response Fat Loss Response To Cardio Fitness Response To Cardio Glucose Response To Cardio HDL Response To Cardio Insulin Sensitivity Response To Cardio Triglycerides Response To Cardio Body Composition Caffeine Metabolism Lactose Metabolism Concussion Soft Tissue Injury **Endurance Capacity Energy Utilization** Exercise Intensity - Power Capacity Weight And Satiety Weight Loss Metabolism Weight Loss Tendency

Weight Regain Tendency

Vitamin D

Vitamin E

Behavioural and Physical Traits

Addictive Personality Alcohol Dependence Appetite Regulation Body / Volume (Hair) Body Hair Food Addiction Hair Dryness / Brittleness

Hair Graying Hair Thickness Hair Thinning

Hair Type

Harm Avoidance Behavior Instant Gratification Lumbar Disc Disease Male Pattern Baldness Monobrow Motion Sickness Optimism And Empathy Reward Dependence Sensitive Personality Sweet Tooth

Cardio and Metabolic

Abdominal Aortic Aneurysm Arrhythmogenic Right Ventricular Dysplasia Atrial Fibrillation Chronic Obstructive Pulmonary Disease Coronary Heart Disease Deep Vein Thrombosis Pulmonary Embolism Dilated Cardiomyopathy Dyslipidemia Gallstone Gestational Diabetes

Onco

Acute Lymphoblastic Leukemia Basal Cell Carcinoma Bladder Cancer Breast Cancer (Female) Breast Cancer (Male) Cervical Cancer (Female) Cervical Cancer (Male) Chronic Lymphocytic Leukemia Colorectal Cancer Endometrial Cancer (Female) Endometrial Cancer (Male) Esophageal Cancer Gallbladder Cancer Glioma Development (Brain Tumor) Hepatocellular Carcinoma Hodgkin's Lymphoma Kidney Cancer Laryngeal Cancer

Neuro

Alzheimer's Disease Brain Aneurysm Charcot-Marie-Tooth Disease Familial Dysautonomia Myotonia Congenita

Child Adolescent Idiopathic Scoliosis Allergic Rhinitis Asthma Attention-Deficit Hyperactivity Disorder Celiac Disease Childhood Epilepsy Crohn's Disease Dvslexia Early Speech Development Invasive Pneumococcal Disease Juvenile Idiopathic Arthritis

Graves' Disease (Hyperthyroidism) Heart Attack Hypertension Hypertrophic Cardiomyopathy Hypothyroidism Metabolic Syndrome Non-Alcoholic Fatty Liver Disease

Obesity Peripheral Arterial Disease

Restrictive Cardiomyopathy Type 1 Diabetes

Type 2 Diabetes

Thyroid Cancer

Lung Cancer Melanoma Meningioma Nasopharyngeal Cancer Non-Hodgkin's Lymphoma Oral And Throat Cancers Osteosarcoma Ovarian Cancer (Female) Ovarian Cancer (Male) Pancreatic Cancer Prostate Cancer (Female) Prostate Cancer (Male) Squamous Cell Carcinoma Of Skin Stomach Cancer Testicular Germ-Cell Tumor (Female) Testicular Germ-Cell Tumor (Male)

Neurodegeneration (with Brain Iron Accumulation) Parkinson's Disease **RASopathies** Stroke Tuberous Sclerosis

Kawasaki Disease Long QT Syndrome Meningococcal Disease Obesity (Childhood Onset) Obsessive-Compulsive Disorder Pathological Myopia Restless Legs Syndrome Teething Tourette Syndrome Ulcerative Colitis